



# Des Moines (Downtown) Kiwanis Newsletter

Nebraska-Iowa District Newsletter  
Sweepstakes Winner, 2004-05

Home Club of Immediate  
Past International  
President Stephen Siemens

Weeks of November 1 & 8, 2006

Www.downtowndesmoineskiwanis.org

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*UPCOMING MEETINGS at the Hotel Ft. Des Moines, 11:45 a.m.—1:00 p.m.*

**November 1—Luke Gar-naas, Villages of Ponderosa.**

Assignments include:

Podium: Steve Scott  
Program: Jan Burch  
Set-up & Take-down: Jill Olson  
Guest Introductions: Craig Wierson  
Greeters: Bill Stirler & Randy McNeal  
Invocation: Paul Strayer  
Song Leader: Carol Burt  
Reporter: Ken Hayes

**November 8—Gavin Jerome, “Put FUN into Kiwanis”**

Assignments include:

Podium: Steve Scott  
Guest Introductions: Marty Kenworthy  
Set-up & Take-down: Melinda Berte  
Greeters: Dave Strief & Leland Long  
Invocation: Dave Turnball  
Song Leader: Dave Turnball  
Program: Jan Burch  
Reporter: Ken Hayes

**BASKET-  
BALL  
JAMBOREE  
SET FOR  
NOVEMBER  
18th**

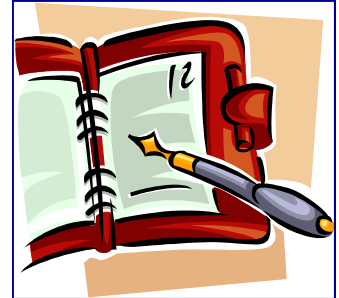


**AD SALES  
DEADLINE IS  
NOVEMBER  
3rd—AREA  
KIDS ARE  
COUNTING  
ON YOU!**



## *OUR CALENDAR OF EVENTS*

*Updated October 29, 2006*



- Nov. 1 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker is Downtown Member **Luke Garnaas** who will be speaking about one of the area's newest "planned communities"—The Villages at Ponderosa. Program arranged by Jan Burch.
- Nov. 3 Monthly Board Meeting, 11:45 a.m., Iowa Lutheran Hospital private dining room, Steve Scott, president, presiding. **NOTE: Today is deadline for all Basketball Jamboree ad sales.**
- Nov. 8 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker is **Gavin Jerome**, Gavin Jerome Productions, "Putting FUN into Kiwanis", and member of the Ankeny Kiwanis Club. Program arranged by Jan Burch.
- Nov. 10 Monthly Basketball Jamboree Committee meeting, 11:00 a.m., Iowa Lutheran Hospital, private dining room. Dave Turnball, chair.
- Nov. 15 Regular Meeting: Hotel Ft. Des Moines, 11:45 a.m. Speaker is **Vincent Nelson**, Executive Director, University of Iowa Alumni Association. Program arranged by Jan Burch.
- Nov. 18 59th Annual Des Moines (Downtown) Kiwanis Basketball Jamboree, Drake Knapp Center. Dave Turnball, Chair.**
- Nov. 22 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker is Dan Young, better known as "**Outdoors Dan**", local radio talk show host and outdoors expert. Program arranged by Allen Green.
- Nov. 29 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker is **Stephen King**, Executive Director, Downtown Events Group/Greater Des Moines Partnership. Program arranged by Jan Burch.
- Dec. 1 Monthly Board Meeting, 11:45 a.m., Iowa Lutheran Hospital private dining room, Steve Scott, president, presiding.
- Dec. 6 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker TBD. Program arranged by Bob Mitchell.
- Dec. 9 Monthly Basketball Jamboree Committee meeting, 11:00 a.m., Iowa Lutheran Hospital, private dining room. Sam Gelbl, chair.
- Dec. 9 **K University, Kansas City, Kansas, Savior Pastoral Center, 9:00 a.m. – 4:00 p.m.**
- Dec. 13 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker is **John Viars**, Executive Director, The Des Moines Playhouse. Program arranged by Bob Mitchell.
- Dec. 18 **Division 13 & 16 Council Meeting, 7:00 p.m., Dahl's 156<sup>th</sup> & Hickman Road, Waukee.**
- Dec. 20 Regular Meeting: 11:45 a.m., Greenwood Elementary School Reading Project, 316-37<sup>th</sup> St, Des Moines. Additionally, Roundtable at Hotel Ft. Des Moines, 11:45 a.m.
- Dec. 27 Regular Meeting: Hotel, Ft. Des Moines, 11:45 a.m. Speaker TBD. Program arranged by Bob Mitchell.
- March 17  
Nebraska-Iowa District Mid-Year Conference, Scheman Center, Ames.
- July 3-7  
2007 **Kiwanis International Convention, San Antonio.**



*Thanks to Lu Dooley for picking up food items at our RED BARREL at Dahl's in October. Ken Hayes is our pickup person in November.*

### **November Birthdays**

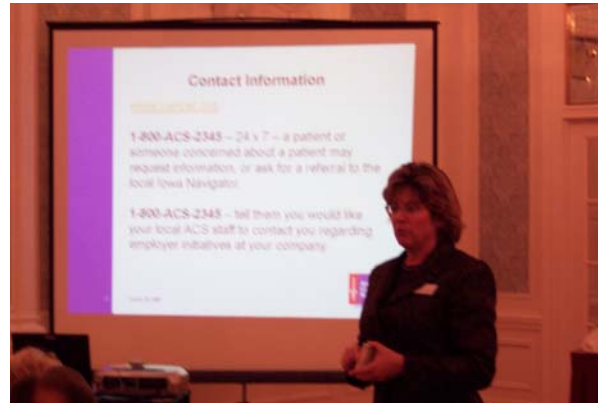
- 2—Mary Lou Garcia
- 3—Lois Underwood
- 8—Mike Sturm
- 11—Jim Egger
- 12—John Mechem
- 13—Bill Keck
- 30—Allan Knudsen





President Steve presents newest member, Sherry Halliburton, with her plaque and pin.

## OUR 10/25 MEETING



Gretchen Tegler, regional vp of the American Cancer Society, speaks to members about the Society's outreach.

Another brisk fall day set the backdrop for the last meeting of October. President Steve Scott opened the meeting with Greg Wilson leading the music and Keith Petrie giving the invocation.

Our ever-energetic member Ed Linebach announced that the Kiwanis Fall Fest would be held at the Riverview Nature Island. This event is to support the Kiwanis Baseball fields and provide a number of activities for the youth in the area. Several thousand flyers were distributed to the schools in the area and they are hoping for a large crowd. The event will be held on Saturday, Oct. 28. Volunteers are still needed—contact Ed for more details.

John Keck brought some fantastic news to our club. Iowa Health Systems has now signed on for multiple years as a major corporate sponsor for our Basketball Jamboree. Their gift of \$15,000 will provide \$2500 per year towards our event. Sam Gelb also updated our current fund raising efforts and while we are up in corporate sponsor donations, membership ad sales are down. **We are approaching the last week and we all need to rally together to get those last minute ads turned in.** Plenty of time slots are still available to work the Jamboree. You can sign up on line on our website if you weren't at the meeting when sheets were passed around. A reminder for the Oct. 27, outing to the Wild-wood Ranch was also mentioned. Those that can make it should meet at the Sheraton at 4pm on Friday if you would like to carpool. New member Sherry Halliburton was inducted as a new member. Her experience with the Rochester MN Kiwanis Club will be a great asset to our club.

Marty Kenworthy introduced our speaker in place of Al Knudson, who we are guessing spent a rainy night in St. Louis. Gretchen Tegler, Vice President of the American Cancer Society, gave an eye opening talk about their mission to eliminate cancer. Ninety-one events were held in Iowa this past year to raise money and awareness for the American Cancer Society. The good news is that it is predicted that the number of cancer related deaths would actually drop for year 2006. By funding research and encouraging health education, their efforts are making a big difference.

Cancer is the second largest cause of death in the United States. The statistics were just staggering, but at the same time, very encouraging. The survival rates on several of the various types of cancers have continued to increase as new and better treatments are being discovered, but the deadly disease continues. Two-thirds of the cases are seen as behavior or lifestyle issues- this including smoking and obesity/nutrition. In Iowa alone, over 16,000 new cases were reported last year along with over 6000 deaths. Gretchen explained programs they are launching for employers to encourage health and wellness to their employees. This includes implementing and encouraging stop smoking in the work place and providing smokers with a support program to help kick the habit. Wellness programs that encourage exercise and nutrition along with early detection screening through various medical venues are being used to help as well. Along with the continued research funding and awareness, the American Cancer Society provides numerous services and support to help with those that have the disease. These include family and employer support. They offer a 24 hour support line that can help in many directions of those that are impacted by cancer. Call 1-800-ACS-2345 to learn of these services or if you know of someone that could use their help. More valuable information is available at [www.cancer.org](http://www.cancer.org)

By Michelle Wall, Reporter



## AFTER SCHOOL PROGRAMS ARE REACHING YOUNG GIRLS

By Michelle Wall, Reporter

A nice crowd was on hand for our weekly meeting with President Steve Scott presiding. Sam Gelb gave an update on the Basketball Jamboree and encouraged us to continue with the ad and ticket sales. We were also reminded that Entertainment Books are still available.

Our club has been invited to the Wildwood Hills Ranch for a tour and dinner scheduled Oct. 27, 2006, at 4pm. More details to follow, but hoping everyone can make it out to see where our proceeds will be going this year from the Basketball Jamboree.

Carol Stone introduced today's speaker, Terry Hernandez, Director of the Chrysalis Foundations. The foundation was founded in 1989 by Des Moines philanthropist Louise Noun, focusing on the unanswered needs of women and girls in the Des Moines area.

The foundation takes on many roles to help women and girls in the community and some interesting statistics were presented that clearly showed the need for an organization such as this one. Two-thirds of those that are illiterate in the United States are women and more women filed bankruptcy last year than graduated college. Educating girls at an earlier age was seen as a vital role to helping with some of these problems.

The Foundation currently has after school programs in 25 K-12 schools in the Des Moines area. These programs provide directions for the youth and build skills in leadership development, economic independence, and encourage women and girls to get involved with their community to advocate for policies that will create long term and lasting changes to improve the future for women and girls. Iowa rates as the second highest state in the nation for families that have two working parents. These programs engage children after school and stop much of the alone time that children incur from 3pm-5pm, which happens to be when most juvenile crimes are committed.

The Chrysalis program puts together a number of other projects throughout the year including a Habitat for Humanity home that was built by women only and other events that included the Women Heroes of 911 that spoke at a fundraising event recently.

It takes approximately \$300 per girl to fund the after school programs. The need for volunteers and funding is always appreciated. The key message to these girls is that "they can see what they can be." By providing strong leadership and role models in our female community, we can make a difference in these young girls' lives. If you would like further information or how you can help, contact them at [info@chrysalisfdn.org](mailto:info@chrysalisfdn.org).



(Left) Carol Stone, October program chair, and Steve Scott, president, greet our speaker, Terry Hernandez, executive director of the Des Moines based Chrysalis Foundation.

A decorative border of candy corns surrounds the central text.

## GET YOUR 2007 ENTERTAINMENT BOOK!

We are again selling the local  
Entertainment Books. Only \$20 each. Buy from our Club—and  
the Club earns almost \$5 on each book sold.

See Don Wiebold to get yours!

225-7211

Our newest member is **MARY LOU GARCIA**. She lives in Winterset and is Executive Director of Wildwood Hills Ranch. Wildwood, a faith-based organization, exists to transform lives and strengthen communities by providing healing, hope and God's unconditional love to children and youth at risk. Mary Lou lived at McGregor, Iowa before graduating from high school in Moline, Illinois. She attended college at University of Minnesota. Her husband, Tom, is self employed in construction. They have two children, Michael, 8, and Anna, 9. She has a strong love for horses (they have 37 at Wildwood) and in scrap booking. In discussing Kiwanis, she is interested in learning more about our committees but knows she has high interest in our reading program at Greenwood School. Her sponsor is Steve Scott.





## Volunteers Needed!

By Tom Pflanz

Saturday, November 18<sup>th</sup> is our 59<sup>th</sup> annual Kiwanis Basketball Jamboree! We need 10 to 12 workers per shift throughout the day to make this event possible. Our schedule provides for two-hour shifts, beginning at 8 a.m., with the last shift finishing up at 10 p.m. Please consider signing up later in the day when staffing is more difficult. Multiple shift sign ups are encouraged! Sign up sheets will be circulated at our Wednesday meetings beginning October 18<sup>th</sup> through the November 15<sup>th</sup> meeting. You can also sign up online at [www.downtowndesmoineskiwanis.org](http://www.downtowndesmoineskiwanis.org)!



**SHERRY HALLIBURTON** is our newest member, having been inducted on October 25<sup>th</sup>. She works in private banking at the downtown offices of US Bank. She has been in her current position approximately one month, but she had worked several years

previously for US Bank as Branch Manager at the Westtown branch. Prior to rejoining US Bank, she had been employed at Rochester, Minnesota in private banking for Wells Fargo. Sherry's hometown is Omaha, Nebraska. She enjoys golfing, bicycling, bowling and aerobics. Sherry has two children, a daughter who lives in Earlham, Iowa and works for Wells Fargo; and a son who lives at Slater, Iowa and works for Ball Manufacturing in Ames, Iowa. She has three grandchildren. Sherry was a very active member of Kiwanis at Rochester, having served as President in 2005. Her sponsors are Jan Burch and Carol Burt.

By Ken Hayes,  
Chief of Reporters



*Home Club of Immediate Past  
International President Stephen Siemens*

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(Downtown)

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ALLEN GREEN

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(CHRIS WILLIAMS, transferred to  
Pasadena, CA Club)

**One-Year Directors**

CAROL BURT,  
ED LINEBACH, MELINDA BERTE,  
One Open

**Two-Year Directors**

DEL SHEPARD, JILL OLSON, KAREN  
KNAPE, SAM GELB

**KIWANIS INTERNATIONAL MEMBERSHIP  
GROWS BY 11,000**

The official membership numbers for the 2005-06 Kiwanis year are in, and they are impressive.

As of September 30, 2006, the total membership for Kiwanis International is 260,701 members in 8,241 clubs. This represents an increase of 11,413 members and 124 clubs over the baseline numbers established the previous year, and is the first measurable progress toward our goal of 1 million members.

"This is truly an exciting time to be a Kiwanis member and leader," reports Kiwanis International CEO/Executive Director Rob Parker. In 2005, Kiwanis established the goal to be 1 million members strong by its 100th anniversary in 2015.

Do YOUR part—bring in a new member to the Downtown Club.

**One Can Make a Difference...**